

Richmond Beach COMMUNITY NEWS

Four Time First Place Winner of Neighborhoods, USA (NUSA) Neighborhood Newsletter Award

JANUARY 2023

Letter from Santa

By S. Claus

Ho, Ho, Ho! Thank you for sending me your letters. I read every one of them from the North Pole. You have all been such wonderful boys and girls. My elves worked very hard making each present specially for each of you.

I always wave to Richmond Beach from my sleigh; so next year, look to the stars and listen for jingling bells. I hope you had a wonderful holiday! Keep believing in magic!



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Welcome to Richmond Beach, ClayLab Pottery



- PHOTO COURTESY CLAYLAB

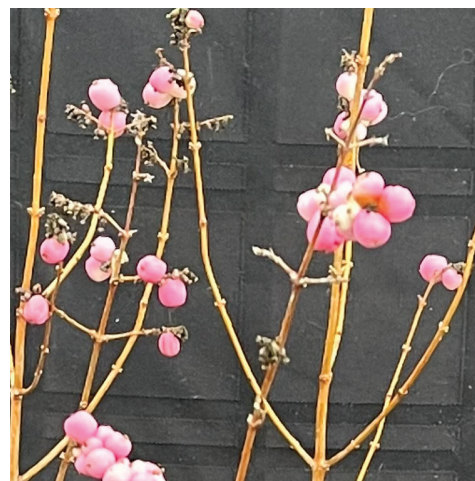
By Kathryn Mueller
RBCA Vice President

ClayLab Pottery recently opened in Richmond Beach, and we're excited to get our hands dirty and create a bowl, mug or plate from our ceramic dreams! The airy two story studio is located at 1434 Richmond Beach Road, adjacent to Richmond Beach Coffee Co.

ClayLab is an artist-owned community ceramics studio. Created by Irene Lok, the opening of the studio is a dream come to life.

Irene moved to Shoreline in 2019 and had a hard time finding a
See ClayLab, page 8

Garden Tour 2023



SNOWBERRY BUSH
-PHOTO BY KRIS FORDICE

By Kris Fordice

I can hardly believe I'm writing about the garden tour when my garden is covered in snow and leaves. Our gardens are hibernating and the promise of spring will be here before you know it. I planted a snowberry bush this past year, and it is the only pink accent in the whole

See Garden Tour, page 8



A BRICK FROM THE OLD RICHMOND BEACH SCHOOL
-PHOTO BY GALE WHITE

A literal piece of history

By Darryll Sherman

I grew up in Richmond Beach and have a lifetime of awesome memories from attending school there. My family lived on 21st Avenue NW (the "X"), and my Dad still lives there. My sisters, Leanne and Gayle, and my brother, Keith, all went to Richmond Beach School.

Between the four of us, we can fill hours recounting stories, events, teachers, schoolmates, etc., from our time there. We all have lifelong friends from our school years with whom we share these memories. There were assemblies, field days, carnival days, playing on the monkey bars, playing softball, getting the Standard Oil tanker trucks to pull their air horns at recess, the music room on the top floor, the portables, the principal's office . . . and so much more.

We were all in shock when it was announced that the school was going to close in 1971. It didn't make sense to any of us, and we were heartbroken when we learned that it was going to be knocked down! When the actual demolition began, we would go there after the workers

See historic bricks, page 6

2022 Turkey Day photos, see page 4



TURKEY HATS ABOUNDED ON THE DAY OF THE RUN, BUT THIS PARTICIPANT WENT ALL OUT IN A FULL TURKEY COSTUME
- PHOTO BY BOB FORDICE

Meet Kruckeberg Botanic Garden's new executive director, JP Sauerlender



JP SAUERLENDER, NEW EXECUTIVE DIRECTOR KRUCKEBERG BOTANICAL GARDEN
- PHOTO BY KATHRYN MUELLER

By Kathryn Mueller
RBCA Vice President

Kruckeberg Botanic Garden is a hidden gem located in Richmond Beach. The sprawling garden tucked away in the quiet neighborhood has been delighting visitors and inspiring garden aficionados young and old for generations.

We chatted with JP Sauerlender, the new executive director of Kruckeberg, to learn more about his role and vision for the future.

What is your vision for the garden?

My vision for the Kruckeberg Botanic Garden Foundation is that we excel in our mission to facilitate learning, spark inspiration and nourish feelings of connection to the natural world. We do this in the design and management of a gathering space—a free, public garden and the only botanic garden in Shoreline. We offer a labyrinth of woodland walking paths, a native plant nursery, a children's garden and a programming schedule of field trips, workshops and events.

What growth and development do you have planned for the garden?

My job is to clarify what the organization is doing and to help design systems that build upon our strengths and streamline our operational goals. The membership is growing like crazy, so we want to capitalize on this and offer more educational programs, more field trips and more plant sales this next year. We also want to partner with more organizations that are already doing amazing things, especially those that teach in and about the natural world.

See Kruckeberg, page 7

10 tips for the New Year



BOWLFUL OF GOODNESS: GOGI BERRIES, OATS, COCONUT, BLUEBERRIES, STRAWERRIES, BLACKBERRIES AND BANANA SLICES
-PHOTO COURTESY OF SUZANNE MCMURRY

By Suzanne McMurry, ND,
FABNO

I hope this New Year finds you and yours in good health and spirits. Here's some tips to keep you healthy and vital in the new year.

- Schedule your preventative health screenings.** If you haven't done so yet, this is a great time to focus on self-care and keeping YOU healthy. Find out what tests you are due for based on your gender and age at [health.gov/myhealthfinder](https://www.health.gov/myhealthfinder).
- Start moving.** Thirty minutes a day of moderate exercise will help keep your heart pumping and lungs healthy. Find classes through Silver Sneakers, the Dale Turner YMCA, Spartan Rec Center or online through Peloton or FitBit. Partner up and take a buddy to a class, on a walk or a (bike) ride; sometimes this is the magic that's needed to get in the rhythm of moving, for you or for them!
- Hydrate.** Aim for 8-10 cups of water daily. If you're finding it difficult to get it in, opt for herbal teas, which count as hydration. If you need help in figuring out how much you are getting in, get a water bottle that has a water tracker on it—it will keep you accountable with how many cups you should have depending on the time of day. These can be found on Amazon or a similar retailer.
- Make a rainbow on your plate: 3 servings of fruit, 5 servings of veggies and 7 servings of beans, legumes, tubers and/or grains daily.** The more colorful your plate, the more healthy

nutrients, antioxidants, fiber and protein you're getting in. What is a serving? All vegetables, including raw, cooked, fresh, frozen or canned, count toward your daily recommended servings. One serving of a whole fruit would be roughly the size of a baseball. One-half cup of fruit or vegetable juice can also count as one serving. A serving of dried fruit is 1/2 cup. Raw vegetable serving = 1 cup, cooked vegetable = 1/2 cup.

- Avoid sugary drinks.** Consuming too much added sugar, even natural sweeteners, can lead to health problems, such as tooth decay, weight gain, poor nutrition and increased triglycerides. Moderation is key in this department; look for healthy alternatives such as kombucha, sparkling water or herbal tea.
- Avoid artificial sweeteners.** This includes aspartame found in Equal or Nutrasweet or sucralose found in Splenda, these are often found in drinks and foods labeled "diet" or "sugar free." If you'd like a sweetener that doesn't raise your blood sugar and isn't artificial, look for stevia or monk fruit.
- Get to a healthy weight and stay there.** Balance the calories you take in from food and drink with the calories you burn off by your activities. This can be a wonderful opportunity to begin weight lifting exercises. Building muscle helps to reduce your risk of osteoporosis and osteopenia as you age. Doing this just two times weekly has been shown to increase your metabolism as well as strengthen your bones.

8. Be tobacco free. For tips on how to quit, go to [smokefree.gov](https://www.smokefree.gov). To talk to someone about how to quit, call the National Quitline: 1-800-QUITNOW (784-8669).

9. If you drink alcohol, have no more than one drink per day. A standard drink is one 12-ounce bottle of beer or wine cooler, one 5-ounce glass of wine or 1.5 ounces of 80-proof distilled spirits.

10. Get your shots. This year has already been a crazy one with an increase in RSV, colds and the flu going around. Vaccinations have been proven to help keep you healthy as well as those around us who are unable to get vaccinated due to age or health concerns.

- Get a flu shot every year.
- Get a COVID booster when eligible.
- Get shots for tetanus, diphtheria and whooping cough. Get a tetanus booster if it has been more than 10 years since your last shot.
- If you are 60 or older, get a shot to prevent shingles.
- If you are 65 or older, get a pneumonia shot.
- Talk with your health care team about whether you need other vaccinations. You can also find which ones you need by going to: [cdc.gov/vaccines](https://www.cdc.gov/vaccines).

Dr. Suzanne McMurry is a naturopathic doctor specializing in integrative oncology. You may see her running through the neighborhood, chasing after her three kiddos or sledding down a hill on a wintery day.

RICHMOND BEACH COMMUNITY ASSOCIATION

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The mission of the Richmond Beach Community Association Board is to promote the well-being of the Richmond Beach community.

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Richmond Beach Community News volunteer staff is listed in the newspaper masthead on the next page



Become a RBCA Member

You can help build community together by joining the Richmond Beach Community Association today! Support community events, neighborhood enhancements, communication and fun!



Richmond Beach COMMUNITY NEWS

The Richmond Beach Community Association publishes the *Richmond Beach Community News* monthly September through June. Printing and free mailing to all Richmond Beach residents is financed by advertising revenues and RBCA membership dues, and all work from advertising sales to editing and design to distribution is done by volunteers.

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SUBMISSIONS

The RBCN welcomes submissions including articles, letters to the editor and kudos. Submissions must be relevant to our community, copyright-free and submitted by the 13th of the month prior to publication. Electronic submissions are preferred.

For verification purposes only, submissions must include name, address, email address and phone number. Submissions are subject to editing.

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Student life



Happy New Year to all high schoolers: How to set your New Year's resolutions!

By Finley Stroh

The 2022 year has come to an end, the new semester is starting soon and we are six months out from graduation. For high schoolers, the new year is just the beginning of new classes, one step closer to summer, and for seniors, closer to college and life after high school!

As cliché as it sounds, healthy actionable habits and New Year's resolutions can motivate and track the progress to your long-term, after-high-school goals while balancing a busy high school schedule.

- Divide your goals into categories that are right for you. By dividing your goals, you are reflecting on areas of your life that are most important to you and ensuring that you have goals set across all aspects of your life. For example, categories could include: life, personal, school (academic, extracurriculars, sports), friends, health.
- Think about what you want to achieve in the next ten years, five years, two years and this new year. Work backwards! It can be difficult to think about what you want to accomplish throughout a whole year, especially as a high schooler where you might not even know where you are going to college yet! It can be helpful to work backwards and think about where you want to end up in the far future, and then that can determine what goals you need to set this year to make that happen.
- Set your goals yearly, monthly and weekly. Look back at your New Year's goals and resolutions you set each month and week, and set weekly and monthly goals that are more specific to continue to make progress on your long-term resolutions. Track your habits as "the steps" to reach your goals. A goal is nothing without action—that's where habits come in! For every goal you create yearly, monthly or weekly, create one to three habits to have to complete to reach this goal. Use a habit tracking app, create your own, or a to-do list to track your progress of these habits.

Happy 2023! Cheers to the New Year!

Anina's Corner



Snow days By Anina Coder Sill

I enjoy a quiet stroll on a snowy day, when our homes and yards look equally neat and tidy covered by a white blanket. I still enjoy slipping and sliding on the ice, on purpose—though now I am much more cautious about it occurring accidentally!

As a child in Richmond Beach, I piled flat onto a sled with my best friend and broke my arm when we crashed into a ditch on NW 194th Place and had the bridge of my nose poked by a sled runner in an icy hillside inner tube collision. (Just as our mothers said, "you could have poked your eye out!")

As a child, my husband, his brother and a friend piled three high on a sled and crashed into a parked car on N 200th, and he broke his arm. The Seattle Times reported it on 12/16/64 as "Sledding?—three boys say no thanks." Kevin later told me, "We never said that!"

Richmond Beach Road used to be well-sanded due to the tanker truck traffic from Standard Oil at Point Wells, but there were still plenty of slippery side streets for those rare occasions when the temperature dropped to freezing in our community.

I love to hear kids laughing and playing outside anytime of the year and still think I may venture out, hopefully laughing and not yelling "aagh."

Snow can be treacherous and fun; I hope everyone is safe this year when it happens again.



-PHOTOS BY BETTY NGAN

We want you in the "club"! Volunteers needed!

By Allison Taylor
RBCA President

Happy New Year! Perhaps one of your resolutions is to connect more with your community—if that is the case, do I have an opportunity for you! The Richmond Beach Community Association is always looking for more volunteers. We have opportunities of every kind, all year, whether you prefer to be at home in your pjs or in a neon vest right in the center of it all.

Based on feedback that "the same people get to volunteer all the time," I want to make sure that everyone in Richmond Beach is aware that they are not just invited, but implored, to join our volunteer team. For 2023, we've started a running list of general roles that need support—it's growing every day. Check it out here, find something you like and sign up online (signup.com/go/CrUQuxm or the QR code below) or email us your interest at board@richmondbeachwa.org. We'll be in touch with you to discuss the best ways to use your talents while respecting your availability and interests!

Ideas for helping include: be a sponsor, be a certified flagger for event support, coordinate food trucks for events, drive social justice efforts, help organize the storage unit, help with events (day of), help with events (planning), maintain this volunteer list, my kid wants to help, put together favors/prizes for events, scan old RBCA documentation, share truck for moving event stuff, solicit donations, solicit sponsors, swap out signs at top of hill, work on art/beautification initiatives, work on our swag (RB items for sale), write articles for newspaper, write grants for city funding.

If you have an idea of a way you'd like to contribute, but it is not listed, there's an option for that too. Can't wait to hear from you!



Be a RBCA volunteer.
Check out the opportunities and sign up online.

2022 Turkey Day RAD! Run recap

By Patrick McNulty
RBCA Board Member

What a tubular turnout for the 16th annual Richmond Beach Turkey Day Fun Run.

This year's theme was "the 80's," and runners did not disappoint. We saw some of the gnarliest spandex, leg warmers, freshest headbands and loads of radical neon threads adorning our neighbors this year.

The Seattle weather cooperated too! Along with the choice playlist and party atmosphere, everyone was pumped up and ready to roll!

Special thank you to our super volunteers, including Alicia Schroder, Don Wilson, Tom Mailhot, Christie Quigley, Tammy Ceesay, Adam Star and Allison Taylor who helped make this event possible.


And a big thank you to all who turned out for this wicked tradition.

See you next year!



A LARGE CROWD OF ENTHUSIASTIC RUNNERS AND WALKERS SHOWED UP FOR THIS ANNUAL EVENT. VOLUNTEERS, INCLUDING THE SHOREWOOD CHEERLEADERS, CAME TO ENCOURAGE PARTICIPANTS, AND TURKEY HATS WERE THE FASHION STATEMENT OF THE DAY.
-ALL PHOTOS ON THIS PAGE BY BOB FORDICE

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Thanks for joining us at the Richmond Beach Tree Lighting



JILL LANGER, EVENT SPONSOR

By Kathryn Mueller
RBCA Vice President

Thank you for joining us at our annual Tree Lighting event. It was a magical night filled with holiday cheer, cookies, hot cocoa and a very special visit from Santa.

Special thanks to our incredible sponsor, Jill Langer-Windermere Real Estate/North. We really appreciate her help in making the event festive and fun for the community.

We also want to thank Le Petit Paquet for hosting our tree this year. Don't forget to swing by for eggnog if you haven't already! They have special holiday drinks you won't want to miss out on throughout the holiday season and into the New Year.

The mailbox to the North Pole was bursting with letters. They made their way to Santa, and he had a special message for all the boys and girls in Richmond Beach.

Special thanks to the Shoreline firefighters and Steve the fireman who escorted Santa to the tree.

We hope you enjoyed the glimmering tree while it was displayed for the holidays.

See more event pictures, page 8



TOP LEFT - SANTA AND YOUNG VISITORS; BOTTOM LEFT - WRITING A LETTER TO SANTA; BOTTOM RIGHT - YOUNG RITZO AND FAMILY .

-ALL PHOTOS BY BETTY NGAN

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From historic bricks, page 1



PLAQUE ON MEMORIAL BRICK: "RICHMOND BEACH SCHOOL 1924-1971"

-PHOTO BY GALE WHITE

left and just look on in disbelief. We noticed that there were huge piles of bricks from the demolition, and it was while we were staring at all of those bricks that my family had the idea to grab a bunch of them so we could maybe build a barbecue someday. So we all spent a few late nights hauling loads of bricks to our house.

Well, we never ended up building that barbeque, but recently (yes—about 50 years later) one of Gayle's friend's from Richmond Beach, Christine Lund, saw the bricks, had a little plaque made up, attached it to a brick and made a really cool gift for my sister (see photo). We decided this might be something that other former Richmond Beach students might want, so we decided to "take it public" and are offering them to anyone who would like to buy one.

Each brick (with the plaque attached) is \$25. All proceeds will be donated to the Shoreline Historical Museum. Orders can be placed by sending an email to rb.school.bricks@gmail.com. Don't miss your chance to own a literal piece of Richmond Beach history!

Board Busy-ness

By Allison Taylor
RBCA President

Here's a little update on what your RBCA Board has been doing. Our annual retreat is in late January—it's a great time to join the Board and participate in the fulfilling work that we do all year. We'll meet for a full day at the City Cabin on the bluff at the Saltwater Park for both strategic and tactical work. I've been gratified by the expertise and knowledge we have at the table and the continual willingness to collaborate from our (self-proclaimed) scrappy little board members. We'd love your help and are actively recruiting new members! Email board@richmondbeachwa.org if you are interested.

Adam (treasurer) has shown up at every event, facilitating collection of donations and swag purchases. When he's not guarding our funds, he's been keeping watch over the mailboxes on his street—one of the recent targets of mail theft.

Alicia spent Thanksgiving morning directing the day-of activities for the Turkey Day Fun Run. When she's not doing RBCA activities, you'll probably find her working with Girl Scouts.

Allison (president) attended the Council of Neighborhoods December meet and greet at Shoreline City Hall and had fun serving cocoa at the Tree Lighting. She also helps with the Richmond Beach newspaper production every month.

Brian (secretary) sold swag at the Tree Lighting and, as always, brought along his own work crew—his two oldest kids are following in their father's footsteps of community involvement. The Osborn family shares their time generously!

Chris has been super busy (or maybe still recovering from Oktoberfest!).

Kathryn (vice president) continues to support the newspaper every month by suggesting and writing articles. She ran a magical Tree Lighting event this year (see Kudos).

Patrick made sure the Turkey Day Fun Run was planned and prepped, handling all the pre-event logistics. When not working, family-ing and board membering, he serves as the athletic director at St. Luke School.

Kudos

By the RBCA Board

Our Thanksgiving Turkey Day Fun Run ran beautifully thanks to volunteers **Christie Quigley, Tammy Ceesay and Shorewood students, Don Wilson and Tom Mailhot.**

The annual Tree Lighting event would not have been possible without the amazing job by **Kathryn Mueller**, who pulled together all the props and the essential volunteers. A big thank you to our volunteers **Sherry Edwards, George Buswell, Firefighter Steve Anderson/Shoreline Fire Department, Le Petit Paquet, Betty Ngan and Tom Mailhot.** Special thanks to **Starbucks and Le Petit Paquet** for keeping us in hot water for the cocoa—over 200 cups were served. Big shout out to marshmallow servers **Grant and Everly Osborn** and to **Kevin Mueller** for his behind-the-scenes contributions. Most importantly, thanks to Santa for carving time out of his busy schedule to stop by (see photos below and on page 8).

Ongoing appreciation is due to volunteers like **Kris Fordice and Sheri Ashleman** who are already working hard on plans for our Garden Tour and Strawberry Festival.

Interested in joining the fun of keeping RBCA such a great place to live? We need help of all kinds—whether you have 30 minutes or 3 hours. See the request and sign up information in this edition of the paper.



TOP - SANTA'S MAIL BAG; BOTTOM L-R: BOARD MEMBERS ALLISON TAYLOR AND ADAM STARR, VOLUNTEER SHERRY EDWARDS, AND BOARD MEMBER, KATHRYN MUELLER AT THE TREE LIGHTING EVENT

- ALL PHOTOS BY BETTY NGAN



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From Kruckeberg, page 1

The physical garden is in great shape overall. If you haven't been here in a while, it's worth checking out the new installations and improvements over the last year. ***Did you have a personal connection to the garden before becoming the executive director?***

While completing a master's program at UW, I designed a nature-based health amenity for public gardens and shared it with Kruckeberg Botanic Garden. This was a forest bathing activity for people to try out on their own during the COVID-19 pandemic. You can still find this resource at the UW Botanic Gardens website, and it's linked on the Kruckeberg website. It's an activity that helps people access the health benefits of slowing down and experiencing nature through their different senses. You can practice forest bathing right here at the garden. I find it both calming and energizing, definitely worth a try if you are interested.

Then when I first arrived at the garden on a hot July day in 2022, I was blown away by the garden's uniqueness. I'd say it has unusually high levels of whimsy and mystery compared to other public gardens in the region. I love this. I love gardens that are open invitations to playfulness. And I love naturalistic gardens that invite visitors to enter into contemplative states of mind.

What excites you about your role?

I'm excited to join this team of people who also find joy and energy in managing a public garden. The KBGF Board of Directors is a fierce group of volunteers who are passionate about the health of the organization. And the staff takes enthusiastic ownership of their areas of expertise, in the nursery, the plant collection and the educational programs.

It's exciting to be around these people who do what they love and share it with others. That kind of energy is contagious and creates a really positive environment.

Richmond Beach is lucky to have the garden in its backyard—are there things you'd like the community to know about the garden or you?

Many people don't know about us and what we have to offer. We like to remind our local community that this is your garden! It's the community's garden. We welcome your feedback, your involvement and your support.

Additionally, a wide selection of the plants in our nursery, the MsK Nursery, have been propagated from seed or from cuttings by our nursery staff. I think that's pretty cool! The MsK Nursery is open year-round and not just during one of our big plant sales.

Do you have tips for gardeners?

If you're a perfectionist about what to plant or where to plant something, I find that it gets much easier if you increase the size of your project. Multiply your project by five (the quintuple principle!). Then your attention doesn't tend to overanalyze any one particular piece of the now, much larger system. For example, if you can't decide on what tree to plant in your yard—plant five of them! If you can't decide what to plant in a container—plant a lush variety into five containers! Gardens, after all, should be ecosystems, with many moving parts, the plant communities, all interrelated, interacting with each other. Beauty is an emergent property of many interrelated elements.

What made you passionate about gardens and improving human health and learning?

For me a garden is at the intersection of the most valuable parts of life: relationships with others, awe for the natural world, the creation and appreciation of beauty, mindfulness and health. A garden is an excuse to play. A garden is an excuse to access states of awe and gratitude. A garden is a source for new ideas.

Is there anything I missed you would like to share?

Every dollar that is donated here goes to supporting the monthly costs that keep the garden moving forward in good working order. If you enjoy what we are doing, we ask that you consider joining the hundreds of people who support us each year. Please donate and/or get involved! Go to kruckeberg.org.



-PHOTO BY BETTY NGAN

Richmond Beach Cooks!

By Betty Ngan
RBCN Production Manager

A week after Thanksgiving, I looked in the refrigerator and saw a whole pint of homemade cranberry sauce that I forgot to send home with my son, who loves the stuff. No problem. The cranberry sauce is going into the glaze that will top light buttery scones for New Year's breakfast. Easy to make, this recipe is one of my family's favorites. Happy New Year!



-PHOTOS BY BETTY NGAN

Holiday Scones with Cranberry Glaze**Ingredients**

1/2 cup shortening
1 3/4 cup flour
2 tsp. baking powder
1/4 tsp. soda
3/4 tsp. salt
2 tbsp. sugar
1 egg
2/3 cup (5 oz.) buttermilk
Handful of raisins or currants

Make the dough

1. Measure and mix dry ingredients together in a bowl.
2. Cut shortening into dry ingredients until butter is the size of small peas.
3. Add currants, egg and buttermilk.
4. Mix until the dough just holds together.
5. Turn out and knead briefly on a floured board.
6. Form a thick flat 8" round (1 1/2" thick) on an ungreased baking sheet.
7. Cut round into 8 -10 wedges. Separate the wedges a little.
8. Bake 450 degrees for 10-12 minutes until lightly browned.
9. While the scones are baking, make the glaze (below).
10. Spoon glaze over hot scones and serve warm.

Note: The trick to light scones is not working the dough too much. Just mix until wet ingredients are incorporated. The dough will look lumpy. Turn out onto a floured board and knead lightly (about 25 folds).

Glaze

1/3 cup powdered sugar
2 tbsp. cranberry sauce mixed with 1tbsp. water
1 tsp. butter
Bring ingredients to gentle boil for 1 minute or until sugar is dissolved. Take off heat immediately to avoid overcooking fruit.

Tip: Save time in the morning. Try measuring out the dry ingredients the night before; and leave out a cube of butter, so it will be at room temp.

Calling Richmond Beach Cooks!

Share your favorite family recipe. Send it to editor@richmondbeachwa.org. Please tell us why your recipe is a favorite and provide a little info about yourself.

If you have tweaked a recipe taken from another source, please give attribution to the source. Photos from the internet cannot be printed without permission. Submissions are subject to space limits and editing.

From ClayLab, page 1

pottery studio. As a hobby potter, an idea sparked and quickly launched into a mission: to make a pottery studio of her own. When they found a space in Richmond Beach, they knew they had found a home. High ceilings, ample natural light and the beautiful surrounding community was the perfect place for the studio.

Today, Irene's dream is a reality. If you're interested in pottery, stop by and create, explore and escape. The studio is a reprieve for people interested in ceramics or for anyone looking to get into pottery.

You can easily sign up for classes online by visiting their website. Single classes include step-by-step instructions, clay, tools, choice of glaze and all the post production work after the initial pieces have been made. Membership options are also available. For more details, be sure to visit their website at claylabpottery.com. Hours: Wednesday-Friday from 10:00 a.m.-7:00 p.m.; Saturday and Sunday from 12:00 p.m.-6:00 p.m.

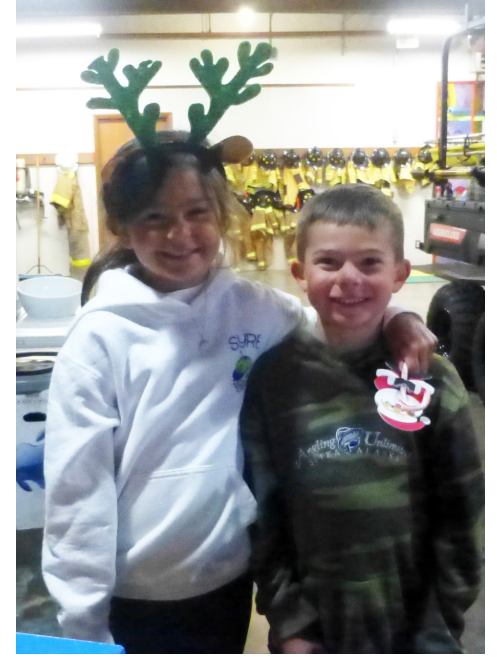
From Garden Tour, page 1

garden. Like you, I never get as much accomplished as I'd like and take the winter to make plans for spring and beyond. Perhaps one of your plans could include being on the tour for 2023.

The 2022 Richmond Beach Garden Tour was a huge success. Over 300 people toured each of the eight gardens, and it was impossible to pick a favorite. There was a lot of diversity and something to please everyone. Thank you to all the garden hosts and volunteers who helped coordinate the event.



From Tree lighting, page 5



LEFT - SANTA AND FIREFIGHTER STEVE ANDERSON;
RIGHT - YOUNG VOLUNTEERS AT THE COCOA TABLE

-PHOTOS BY BETTY NGAN

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