

Richmond Beach COMMUNITY NEWS

Four Time First Place Winner of Neighborhoods, USA (NUSA) Neighborhood Newsletter Award

MARCH 2023

Richmond Beach Library local treasure retires



CAROL ZEMANEK
- PHOTO COURTESY ANINA CODER -SILL

By Anina Coder Sill

Richmond Beach Library local treasure, Carol Hall Zemanek, is retiring after more than 30 years with the King County Library System!

She first worked as a page in the late 1970s, at the library's former location at 2402 NW 195th

See Carol Zemanek, page 7

All about "Reflex Solaris" at Richmond Beach Salt Water Park



A CLOSE-UP OF A REFLECTOR IN THE "REFLEX SOLARIS" ART INSTALLATION
- PHOTOGRAPH COURTESY OF HADDAD/DRUGAN

By George Buswell

For years, I have visited the Richmond Beach Saltwater Park and wondered about the five large metal reflectors that are mounted on the hillsides of the park. What function do these reflective panels possibly serve? Over the years, I have come up with many potential explanations—all of them have been wrong, many have been comically wrong, and none of them are to be shared here. Only recently have I learned that these reflectors are actually part of a large art installation at the park that is called, "Reflex Solaris." My Latin is a bit rusty, but I get that they are there to reflect the sunlight. But to where?

The answer lies in the circular plaza and sundial located near the park pavilion that is just above the lower parking lot. This terrace is accessed either by descending the stairs from the top of the park or by a wheelchair accessible path (or short flight of stairs) from the parking lot just below. At its center is a horizontal sundial, a concrete and metal slab located just above ground level and surrounded by a steel railing that is actually part of the artwork.

This type of sundial is known as an analemmatic sundial. It requires that a movable object—usually a human—stand at various spots within the sundial based on

the time of year to cast a shadow and allow the user to determine what time it is. If the sun is shining and you stand on the sundial with your toes lined up on the appropriate date, your shadow will fall on the periphery of the sundial and let you know what time it is. All without the use of your phone! (By the way, the vertical piece in a sundial that casts the shadow—in this case, the human—is called a "gnomon." I only include this for you *Scrabble*™ players.)

Reflex Solaris was created in 2009 and is the work of local artists Laura Haddad and Tom Drugan (*haddad-drugan.com*). The art piece was commissioned by the City of Shoreline as part of a larger initiative to expand arts within the city. Management of the project fell into the capable hands of Dick Deal,

See Reflex Solaris, page 4

RBCA Community meetings are back!

By Allison Taylor

It's with great joy that I announce that, post-pandemic, our community meetings are coming back! Our first meeting of 2023 will be on **Saturday, March 25, at 9:00 a.m. at the Richmond Beach Community (Library) Park.**

For those of you that have lived here a long time, you remember them as monthly weekday evening meetings in the basement of the Richmond Beach Congregational Church, usually with a guest speaker on a topic of importance to the community. As we evaluate how we can best connect with, and attract participation from, our changing neighborhood demographic, we've planned the next four meetings and are experimenting with time and location in the hopes of maximizing attendance.

See Community meetings, page 6

Board elections in May By RBCA Board

The Richmond Beach Community Association (RBCA) in Shoreline, Washington, is pleased to announce that the upcoming board elections will be held at our May community meeting (date TBD). This is a critical time for the community as the elected board members will be responsible for shaping the future of the neighborhood by making important decisions and representing the interests of the residents.

The RBCA serves the community by organizing events, promoting community spirit and addressing concerns raised by residents. The association also works to improve the quality of life in the neighborhood.

The RBCA board is comprised of volunteer residents who are elected to serve a two-year term. See Board elections, page 2

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SAVE THE DATE(S)

March 25 Community Meeting
RB Community Park / 9-10 AM

May 6 Strawberry Festival
RB Community Park / Noon- 5PM

May 20 Community Garage Sale / 9-AM-4 PM

June 3 Garden Tour / 11AM-4PM

Helping our seniors age well in their own homes

By Jerry Patterson

The phrase “It takes a village to raise a child” originates from an ancient African proverb and conveys the message that it takes many people (the village) to support a healthy environment for children to develop and flourish.

Now, let’s take the rich meaning of the proverb, fast-forward to today and apply the proverb’s meaning to the other end of the age spectrum, our beloved seniors. Our local villages face a challenge similar to the African village: How can we support our seniors so they can age well in their own homes and stay engaged in their community?

The Northwest Neighbors Network (NNN) Model

For the past four years a local non-profit organization has passionately accepted the challenge. Northwest Neighbors Network (NNN) serves North King County and South Snohomish County. NNNs central mission is to help seniors age well in their own homes by providing volunteer services and events. There are three key components to the NNN model. Volunteers providing services, members (senior citizens) requesting services, and NNN staff dedicated to making sure the model runs effectively.

Here’s how the model works. Each week, members sign in to the secure area of the NNN website (or call our service coordination team) to post their requests for services, such as transportation to appointments, home maintenance (light yard work or minor repairs), running errands and attending community activities. In turn, volunteers log on to the same secure system each week and view the list of service requests posted by members. The volunteers can sign up for a requested service that works for their schedule and interests. That’s all there is to it.

Become a volunteer, the centerpiece to NNN success

Many of our community residents are looking for a chance to volunteer for a worthy cause, but they don’t want to get tied down to rigid schedules or become overly committed.

Vince, a long-time resident in the greater Richmond Beach area, describes his journey to becoming a volunteer for NNN.

“For a few months after I retired, I did various projects around the house. Then I decided it was time for me to figure out how I could give back to the community, particularly our senior community.

I went to a website, volunteermatch.com. I scrolled down the list to see what I wanted to do. This was all new to me. I came across Northwest Neighbors and read their mission statement about supporting our seniors so they can



VINCE AND NONA HEAD OFF TO A MEDICAL APPOINTMENT IN SEATTLE

- PHOTO BY JERRY PATTERSON

age well in their own homes. I said to myself ‘What a great idea!’ So, I promptly signed up, and I’ve really had a blast serving our seniors for about 18 months now. Each week, I go online and look for requests made by NNN members for services such as a ride to a medical appointment, help cleaning their apartment or getting some yard work done. These are the types of things I’ve helped with so far. It’s been a year and a half, and it hasn’t gotten old at all.”

When I asked Vince if he had any advice for prospective volunteers or members, he said, “Try it. You may like it. You’ll make new friends, and get a whole new perspective on thinking of things in a different way based on the variety of people you interact with. I average about three or four trips a week.”

Become a member and start enjoying the many benefits NNN extends to seniors

NNN is dedicated to enriching the lives of our seniors by offering them a rich array of services and events. Nona is one of the more than 100 members benefitting from NNN services. In a recent conversation with Nona, she told me how she first learned about NNN and how she feels about the quality of her experiences. She said, “A staff member at the Shoreline/Lake Forest Park Senior Center told me about someone using NNN and said I should check it out. Sandy, an NNN board member, came to my house and she was amazing. A real powerhouse. Needless to say, I signed up.”

When asked how she has used NNN services, Nona said, “I mostly use the transportation service provided by NNN. I’ve been so pleased. The drivers that come are just wonderful. I’ve learned so many things about other people’s lives during our drives. It’s been a good thing for me, and I would recommend this for anyone in my situation.”

Another member, Susan, said she first learned about NNN by reading an article in the *Shoreline Area News*. In addition to being a member receiving NNN services, Susan also serves as a volunteer offering services. “In my volunteer role, I visit by phone with a person

who resides in a rehab facility and is very lonely. I call her every couple of weeks, and we just chat. We’re both avid readers so we talk about books for about 30 or 40 minutes.”

Next steps for you

If you share the passion for the NNN mission and you want to make a difference in the lives of seniors, then take the next step. Visit the NNN website: northwestneighborsnetwork.org, call (253) 237-2848 or email info@northwestneighborsnetwork.org to learn more about NNN or to sign up as a volunteer or member. Then, spread the word far and wide about NNN and its services to our seniors.

From Board elections, page 1

term. This year, there are several seats up for election. We encourage all eligible residents to consider running for the board and to participate in the election process.

To be eligible to run for the board, candidates must be at least 18 years of age, a resident of Richmond Beach and a dues paying member of RBCA 30 days prior to the election. Candidates will have the opportunity to share their qualifications and vision for the community during a candidate forum, which will be held prior to the election.

The RBCA is committed to ensuring that the election process is fair and transparent. Voting will be conducted by secret ballot. At least 19 members of the RBCA whose dues have been current for at least 30 days prior to the election must be present to constitute a quorum for the elections. The results will be announced at the May meeting, immediately following the forum and election.

We encourage all residents to take an active role in their community by running for the board or by voting in the election. The RBCA is a vital organization that plays a critical role in shaping the future of the Richmond Beach community, and your participation is essential.

For more information on the election process and to obtain a candidate application, please contact board@richmondbeachwa.org.

RICHMOND BEACH COMMUNITY ASSOCIATION

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PO Box 60186, Shoreline, WA 98160-0186

The mission of the Richmond Beach Community Association Board is to promote the well-being of the Richmond Beach community.

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Richmond Beach Community News volunteer staff is listed in the newspaper masthead on the next page



Become a RBCA Member

You can help build community together by joining the Richmond Beach Community Association today! Support community events, neighborhood enhancements, communication and fun!



Richmond Beach COMMUNITY NEWS

The Richmond Beach Community Association publishes the *Richmond Beach Community News* monthly September through June. Printing and free mailing to all Richmond Beach residents is financed by advertising revenues and RBCA membership dues, and all work from advertising sales to editing and design to distribution is done by volunteers.

Opinions expressed in the Richmond Beach Community News do not reflect the views of the Richmond Beach Community Association or its board.

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SUBMISSIONS

The RBCN welcomes submissions including articles, letters to the editor and kudos. Submissions must be relevant to our community, copyright-free and submitted by the 13th of the month prior to publication. Electronic submissions are preferred.

For verification purposes only, submissions must include name, address, email address and phone number. Submissions are subject to editing.

Send submissions to:
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Student life



Optimizing use of apps and technology for good, as a teen

By Finley Stroh

Instagram, Snapchat, Twitter, text, FaceTime, Zoom. Teens in the 21st century are consumed by the use of technology and apps through every aspect of their lives. For better or for worse, across the many opinions, it's the way it is, and we all need to learn and grow with it.

Sure, taking breaks from social media and your phone are more than important, but these devices we sometimes blame for all the world's problems are also the way we communicate, personally, socially, for work, school and more. We use Instagram and Snapchat to stay in touch with relatives, friends across the country, meet new people and find roommates for college, while Zoom and Canvas we use to organize pretty much our whole academic careers.

Ultimately, learning to optimize these resources as teens, and having the support and understanding of this from our parents and other generations, is key in bettering our communication.

Academically, using apps, including Google Calendar, Google Spreadsheets and habit tracking apps are useful in organizing school goals and schedules. Connect Google Calendar to other apps to automatically transfer scheduling and color code for all classes/activities with alerts. Use Google Spreadsheets to create assignment trackers to stay on track in class and habit trackers to track your progress everywhere.

Personally and in your work life as a teen, technology is at the center, from finding jobs on Indeed, reaching out and finding babysitting clients in your area on NextDoor and getting paid through Venmo.

Strawberry Festival planning continues

By Bianca Williams and Sarah Hinnenkamp

The Strawberry Festival is quickly approaching! After a four-year hiatus, we are thrilled to bring this beloved annual tradition back to Richmond Beach and need your help making it a success!

Volunteer Opportunities

No matter the role you are looking to play, we have a place for you! If you are interested in volunteering, please email us at strawberryfestival@richmondbeachwa.org. Specific volunteer opportunities will be posted soon on the RBCA website event page: richmondbeachwa.org/events.

Sponsor Opportunities

If you or your local business are interested in sponsoring this event, please reach out! Sponsoring offers a great opportunity for exposure in our Richmond Beach and greater Shoreline community.

Share Your Suggestions

This is a community event, and we want to hear what the community is looking for, especially the new faces who have never attended! What are you hoping the Strawberry Festival will be? Our pandemic break offered us a unique opportunity to rethink the event

for the future. Preliminary plans feature some familiar activities like live music, food trucks, strawberry shortcake, children's parade, carnival games, inflatables, community and business information booths and Friends of Richmond Beach Library's Book Sale, but we are excited to add new traditions and welcome your ideas.

Drop-in Planning Meeting

Join us on **Wednesday, March 15, from 6:30 p.m. to 7:30 p.m.** at the Richmond Beach Library to meet the new Strawberry Festival coordinators and share your ideas for the event. All are welcome!

Save the Date

The 2023 Strawberry Festival will be held **Saturday, May 6, from 12:00 to 5:00 p.m.** at Richmond Beach Community Park. We are looking forward to a day of community gathering where conversation, connection and fun are the focus. We hope to see you there!



Strawberry Festival
www.richmondbeachwa.org



THE SHOREWOOD MARCHING BAND LED THE CHILDREN'S PARADE AT THE STRAWBERRY FESTIVAL IN 2019

-PHOTO BY BOB PFEIFFER



COMMANDER MOJO AND THE HORNS OF DISCONTENT AT THE 2019 STRAWBERRY FESTIVAL

-PHOTO BY BOB PFEIFFER



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From Reflex Solaris, page 1

who was then the Parks, Recreational and Cultural Services Director for Shoreline, and Roz Bird, who was the Public Arts Coordinator. Dick and Roz worked with the City's Park Board Art Committee to get the go ahead for the project at the Saltwater Park. Once approved, it was Roz who was assigned to make it a reality. Roz was tasked with building a Request for Qualifications, putting out a call for artists, assembling and leading an Artist Selection Panel who reviewed submissions, interviewed finalists, then selected the artist. After that came the long process of collaborating with the artists on a piece that would enhance the Saltwater Park and be a feature for visitors to enjoy for years to come.

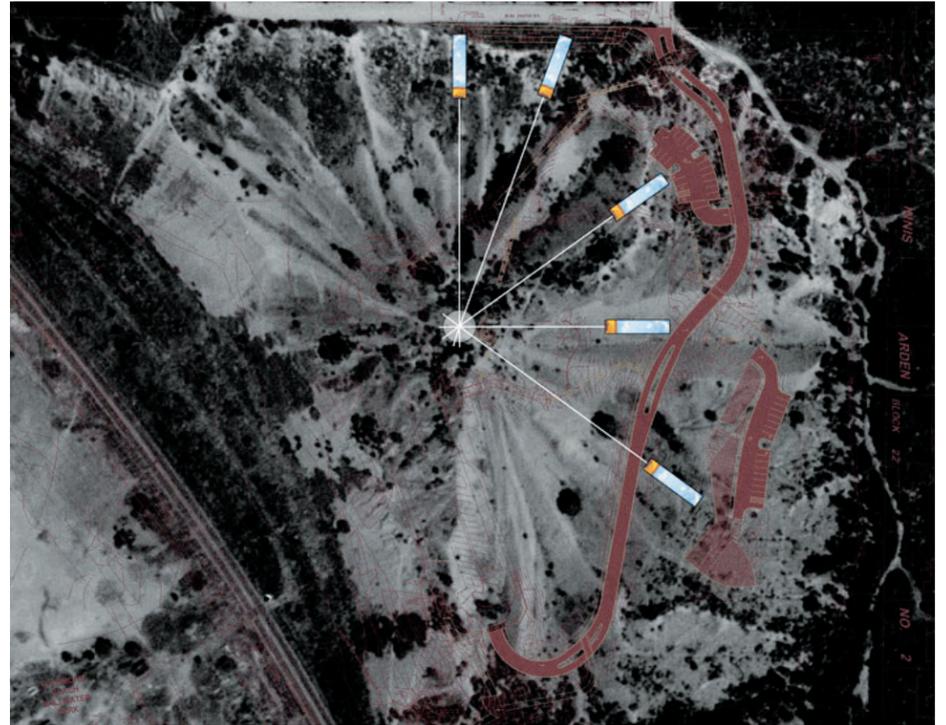
The artwork was initially conceived as just a sundial and central viewpoint terrace located in the lower portion of the park. That idea quickly grew into a proposal for a larger installation that would capitalize on the dramatic setting of the park and bring the surrounding hillsides into the piece. The conically shaped landscape, a remnant of the site's early gravel mine, make the park itself a sculptural earthwork. The idea for using reflectors, strategically located along the upper periphery of the park, was adopted to tie the landform to the central view terrace. This clearly makes the artwork even more impressive, but also much more difficult to correctly construct. As Dick said, "It was a stretch when they decided to add that to the sundial." A local professor of astronomy from the University of Washington, Woody Sullivan, was

brought in for consultation. Professor Sullivan is an acknowledged expert in sundials and helped determine the exact location and orientation of the reflecting panels so that they would work as designed.

There are five reflectors in the park radiating out from the focal point sundial terrace. Two of the reflectors are not associated with the annual positions of the sun, but are there as reference points and to reinforce the rim of the conical hillside. One is located on a vector from the sundial pointing towards True North, from which the other solar events are stationed. Another, just to the east of that, is located on a vector for Magnetic North. Though not associated with the annual movement of the sun, this panel does, like the others, reflect the beautiful scenery of the area and also the sunlight when it hits them at the correct angle.

The other three reflectors align with a significant astronomical locus: the Summer Solstice, the Winter Solstice or the Equinox (either Vernal or Autumnal). In the words of the artists, "On the solstices and equinox, the setting sun hits the aligned reflector—shooting sunlight back to the central sundial to create a nexus of place, space and time."

But wait! There's more! Not only do the sundial and reflecting panels work together, but the steel railing surrounding the sundial is also tied into the plan. There are gaps strategically built into the railing so that on the solstice or equinox, the setting sun will cast its rays through the railing and onto



SATELLITE VIEW SHOWING RELATIVE POSITION OF THE FIVE PANELS TO THE SUNDIAL.

the sundial along the same axis as the rays reflecting off of the panels above. (Not unlike that epic scene in *Raiders of the Lost Ark*, where Indiana Jones places the staff in the correct hole in the map room to let the sunlight reveal the exact location of the missing ark.)

This may all sound terribly complicated, but if you visit the sundial, then I think you will see that it is well worth the trip and not too difficult to figure out.

A great opportunity for doing that is on the upcoming vernal

equinox. The equinox this year falls on **Monday, March 20**. If the sun is out, then sometime **around 7:00 p.m.**, when the sun sets behind the Olympic Mountains in the west, the sun's rays will shoot through the railing, will reflect back from the panel above and we will all be witness to the full splendor of Reflex Solaris! I hope to see you there.

I'll close with a big thank you to all of those people who worked together back in 2009 to create this great art work for our community.

See Reflex Solaris, page 5

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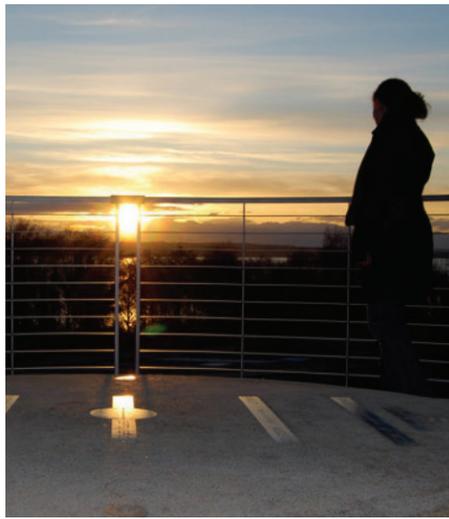
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From Reflex Solaris, page 4

Nothing happens without someone to make it so. To the artists, Laura Haddad and Tom Drugan; to their astronomical guide, Professor Sullivan; and to the community leaders Dick Deal and Roz Bird who made this all a reality.“



OPPOSITE - THE SETTING SUN RADIATING THROUGH THE RAILING ON THE EQUINOX;



ENJOYING THE SETTING SUN FROM THE SUNDIAL
- ALL "REFLEX SOLARIS" PHOTOS COURTESY HADDAD/ DRUGAN

The promise of spring . . . time to get ready for the 31st annual Garden Tour

By Kris Fordice

The days are getting a little longer and there is the promise of spring. Whether you grow flowers and perennials, herbs or vegetables, this time of year is a little slower. A little sunshine, or cloudy and no rain, gets me out in my garden to cut back, prune and generally clean up after the winter. And when it's cold and rainy, I'm inside planning the next project.

My yard is starting to sprout and the fragrant sarcococcas are in full bloom right by my front door. The photo of the yellow flowers is a soft caress mahonia that attracts hummingbirds and is one bit of color in the winter garden. All I have to do is step outside, and I can always find something to do for several hours while I listen to audio books. I've "read" many books while in my garden.

This year, the Richmond Beach Garden Tour is on **June 3 from 11:00 a.m. to 4:00 p.m.** This is the 31st annual tour! It's a wonderful community tradition, and we are calling for gardens and gardeners to participate this year. If you have a garden that friends and neighbors love AND the winter freeze and snow didn't damage, I hope you will consider being on the tour.

We welcome all gardens and gardeners! This is an all-volunteer event sponsored by the Richmond Beach Community Association. Please become a member of the RBCA to keep events like this happening!

Contact me at gardentour@richmondbeachwa.org.



SARCOCCOA AND PUPPY GUS (TOP); MAHONIA SOFT CARESS (BOTTOM)

- PHOTOS BY KRIS FORDICE

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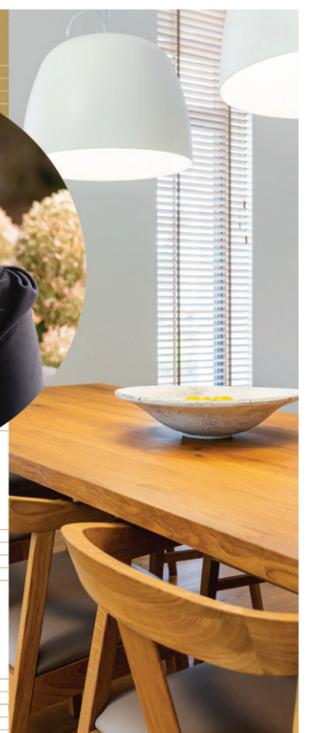
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Board Busy-ness

By Allison Taylor

The Richmond Beach Community Association Board is excited to be moving into 2023 and evaluating the effects of the pandemic from a community-building perspective. As a neighborhood, we're more and more comfortable with group gatherings; and as a board, we are working hard to encourage/support the events that Richmond Beach values.

Our January retreat gave us the time to prioritize our efforts—and, since we have two vacant board positions and are still in our first year without an executive director, to continue to divide up ongoing responsibilities.

We are exceedingly thankful that we have a group of event volunteers who are making gatherings possible! As event details are finalized, there will be save-the-dates in this paper and on our website/social media as we are able. We rely on so many people to contribute to the success of our activities.

Interested in learning more/sharing an idea or opinion? Come meet us in the Richmond Beach Community Park (next to the library) at **9:00 a.m. on March 25!**

Follow up on February “reducing inflammation” article

From the editor:

We appreciate the perspectives of our community members, and we are glad that RBCN is actually read by so many. We would like to share a counterpoint to the February article “Reducing Inflammation” and the author’s response.

A couple of neighbors in the healthcare profession commented and expressed concerns that the information in the article was inappropriate for many readers and even erroneous for some. There was a concern that the specific recommendations for portions and statements of foods to be eliminated was not supported by evidence-based research. One noted that nutrition is not one size fits all. There was a concern expressed that an attempt to implement all of these concepts could actually have negative impacts on a person’s nutrition. For example, eliminating easy and affordable protein sources like eggs and dairy, could be detrimental to diet quality. Also, a reader noted that the idea that tomatoes are unhealthy is not based on science.

We shared these views with Suzanne McMurry, the author of the article, who responded in part: “Typically in practice I suggest that patients eliminate foods one at a time to see if their symptoms resolve. I should have also included a disclaimer at the bottom of the article stating that this is in no way medical advice; and if you have questions, then seek the advice of your medical practitioner. That was an oversight on my side. I appreciate your concern on this and am grateful to now have that addressed. I agree (and stated in the article at the end) that diet is a very individualized approach that if the person is interested in pursuing it deeply should be under professional guidance. I am grateful to have that feedback. As for tomatoes, I don’t doubt that the ones grown in the local garden are not delicious. However, tomatoes and other fruits with a low pH frequently cause gastritis. When eliminated, it has been shown to effectively relieve the individual of their symptoms. My suggestion in the article is that if they are causing problems with your health, consider that they may be the trigger. Dairy has had a similar effect. Thank you again for your feedback.”

Kudos

By Allison Taylor

Wow—we are gearing up for a busy spring and summer (see the save the date in this edition). In addition to the volunteers mentioned last month who are working on the Strawberry Festival and Garden Tour, I think we all want to thank **Elizabeth Enge Nyssen** for prompting us to do some spring cleaning. She coordinates the upcoming garage sale (May 20), and I think many of us rely on this external motivator to make some space (or fill some!) in our homes.

Ongoing thanks is due to **George Buswell and Tom Petersen**, both of whom just keep identifying ways to support RBCA—and then do them!

From Community meetings, page 1

The March 25 event is a meet and greet, with no planned topic beyond getting to know each other. Board representatives will be there (with snacks), so please swing by and say hello!

Subsequent meetings will include a weekday evening meeting in May with a candidates forum, board elections and volunteer recognition; a pre-Beach Blanket Bingo gathering in July to gather support for upcoming fall events and measure interest in an August Neighborhood Night Out event (including looking for a coordinator); and in September, a meeting focused on how we can take care of this great neighborhood we call home! When established, dates, times and locations of the May/July/September meetings will be published in upcoming papers and listed on our website. Hope to see you soon!

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Calling Richmond Beach Cooks! Share your favorite family recipe. Send it to editor@richmondbeachwa.org. Please tell us why your recipe is a favorite and provide a little info about yourself. Submissions are subject to space limits and editing.

Save the Date!

**SATURDAY
May 20
9AM-4PM**

**Annual Richmond Beach
Community Garage Sale**

From Carol Zemanek, page 1

Place—now Wonderland Child & Family Services. She shelved books, magazines, 8 mm films and LP records; changed the litter in the pet mouse's cage; showed 16 mm films and conducted children's craft classes. I had been working there since 1973, and we formed a friendship as neighbors, which has continued to blossom over the last 50 years!

After leaving the Richmond Beach Library to work in another field, she accepted a position as Library Technical Assistant in 1993.

I have had the pleasure of working closely with her for more than 20 years before I moved to other libraries. We collaborated to jump into less traditional library tasks such as hosting a puppet show, where we flipped the basement meeting room table onto its side at the "old" library to create a stage for a puppet show featuring kids' handiwork, helped kids carve pumpkins and worked in tandem to assist a fainting patron who reacted to an insect sting.

In 2001 at the present library location, she enthusiastically assisted patrons with information and computer queries; excelled at creative, humorous and welcoming displays (see photo) and procured interesting props to draw attention to library events and books.

I believe she is personally responsible for matching up many new and former pet owners with lost and homeless animals that happened to visit the library in the park.

She's been a local history resource as a resident growing up here in the late 1960s then later moving back with her own family to her childhood home.

Her family, friends and colleagues share her joy as she embarks upon the next chapter of life, no longer bound by a work schedule, but she will be greatly missed. Please join us for a retirement celebration at the Richmond Beach Library on **Wednesday, March 22, at 6:30 p.m.**; refreshments courtesy of the Friends of the Richmond Beach Library!

RBCA's new Land Acknowledgement



VIEW FROM KAYU KAYU AC PARK

- PHOTO BY TOM MAILHOT

By Brian Osborn

The Richmond Beach Community Association Board is proud to say we are beginning a new tradition. We have chosen to open our meetings with the following Land Acknowledgement:

As the Richmond Beach Community Association, we acknowledge the land on which we live and work is the traditional tribal land of the Duwamish and Coast Salish people.

We strive to enrich our community by making decisions through the lens of equity, inclusion and stewardship, honoring the land itself and the Duwamish and Coast Salish people, past and present.

Our decision is part of our larger effort to ensure we continue listening, learning and enhancing the ways we walk the talk when we say our vision is to make sure "all residents of Richmond Beach demonstrate a sense of belonging and pride in our neighborhood."

The practice of Land Acknowledgement dates back at least centuries in many indigenous nations and communities. Creating a Land Acknowledgement is a simple, powerful way to show respect for and raise awareness of our local traditional indigenous inhabitants and their enduring relationship with the land on which we gather.

In many parts of the world, including Canada, Australia, New Zealand and among tribal nations

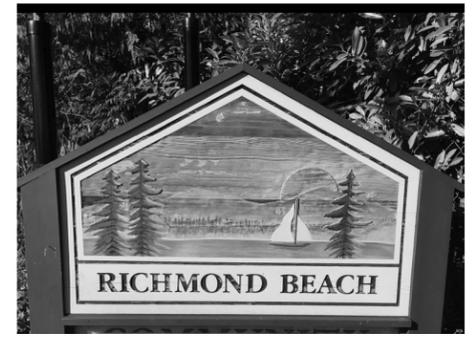
in the United States, it is custom—even policy—to begin events and gatherings with acknowledgement of the land's traditional indigenous inhabitants. In recent years, Land Acknowledgement has become more commonplace.

We are hopeful our board's adoption of this practice will raise further awareness and appreciation for the Duwamish and Coast Salish people as the first residents of what we now know as Richmond Beach and Shoreline and perhaps even inspire some of our community members to seek out opportunities to use Land Acknowledgements in their own personal and professional lives, too.

To begin learning more about the Duwamish history in Shoreline, please go to the City of Shoreline's YouTube page ([youtube.com/@CityofShoreline](https://www.youtube.com/@CityofShoreline)) and search "Duwamish History" to find a rich archive of videos featuring Richmond Beach's own Edie Loyer Nelson, who is a Duwamish Tribal member and the person responsible for naming our beloved Kayu Kayu Ac Park, and Shoreline resident David Buerge, who is a Duwamish historian and author.

For more information on how to create a Land Acknowledgement, please visit duwamishtribe.org/land-acknowledgement or usdac.us/nativeland.

Call for artist!



- PHOTO BY GEORGE BUSWELL

By George Buswell

The Richmond Beach Community Association (RBCA) is looking for an artist/craftsperson who is willing to help with minor repairs and paint touchup to the Richmond Beach welcome sign.

This iconic carved wooden sign is located at the corner of Richmond Beach Road and NW 8th Street. It has withstood the elements for many years, but is now showing signs of wear. The wood has decayed in a few spots, and the paint has eroded away in places. It is definitely time to do some repair work in order to prevent further damage.

The RBCA is seeking an experienced volunteer(s) willing to donate their skills and time to the community. This sign is highly visible and appreciated by hundreds of drivers every day. This is a great opportunity to help out your neighborhood and put your skills on display!

Fortunately, the sign is removable, so it can be taken down during the project and the repair work can be done in a workshop setting. It may be that we find a single individual who is capable of performing both the wood repair as well as the paint touchup. However, if necessary, this project can be divided up between two individuals.

If you are able to help out with either portion of the project, please send a note to RBCA Board Member Brian Osborn at secretary@richmondbeachwa.org. Thank you!

Friends of the Library Book Sale

By Karen Thielke

The Friends of the Richmond Beach Library will be holding an expanded, boutique book sale in the library during the Strawberry Festival on May 6. The sale will emphasize gardening books, current fiction, history (especially U.S. history), cookbooks and children's books. We will also be featuring a craft area where kids and adults can create personalized bookmarks to go with their purchases.

This sale could not happen without the donation of books from the community. The books that sell best are those that have been published within the past five years. You can drop off your donations at the library during open hours; the book sale team is at the library on Tuesdays from 1:00-3:00 p.m. if you want to talk to them about donations. Thanks for your support of this important community activity.



ANINA AND CAROL AT 2018 KING COUNTY LIBRARY ANNIVERSARY CELEBRATION

-PHOTO COURTESY ANINA CODER-SILL

Richmond Beach Cooks!

March must-have: Mint chocolate chip cookies

By The Osborn Family

These mint chocolate chip cookies are the perfect treat after a big day searching for leprechauns at Kruckeberg Garden! They're soft, chewy and easy to make.

Prep time: 20 minutes

Cook time: 10 minutes

Total time: 30 minutes

Yield: 18 cookies

Ingredients

- 1/2 cup butter, softened
- 1/2 cup granulated sugar
- 1/2 cup brown sugar, lightly packed
- 1 large egg
- 1/2 teaspoon peppermint extract
- 15-20 drops green food coloring (optional)
- 1 1/2 cups all-purpose flour
- 1/4 teaspoon salt
- 1/2 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 cup semi-sweet chocolate chips
- 1/2 cup mint chocolate chips

Instructions

1. Preheat the oven to 350 degrees F.
2. In a large bowl or the bowl of a stand mixer, cream the butter, sugar and brown sugar together until light and fluffy.
3. Add the egg, peppermint extract and food coloring (if using), and cream until smooth.
4. Add the flour, salt, baking powder and baking soda, and mix until well combined.
5. Stir in the chocolate chips and mint chocolate chips.
6. Form the dough into 1.5 tablespoon-sized balls (or use a 1.5 tablespoon-sized cookie scoop), and place them 2 inches apart on a baking sheet.
7. Bake for 9-10 minutes, just until the edges start to brown a bit.
8. Let them cool on the pan for about 5 minutes, and then transfer them to a wire rack to cool completely.
9. Cookies will keep for 7 days in a sealed container at room temperature or can be frozen for up to 3 months.

Remember: Do not over-bake these cookies or they will be crispy rather than chewy. They still look under-baked when you take them out of the oven, but will firm up as they cool.

The Osborns have proudly lived in Richmond Beach since 2017. This recipe first started in a holiday Hershey Kiss thumbprint version, and has since evolved into the recipe you see here. These cookies are kid-tested, parent-approved, and especially delicious washed down with a sham-rock shake.



MINT CHOCOLATE CHIP COOKIES
-PHOTO BY BRIAN OSBORN

LET US HELP PROTECT YOUR DREAMS.



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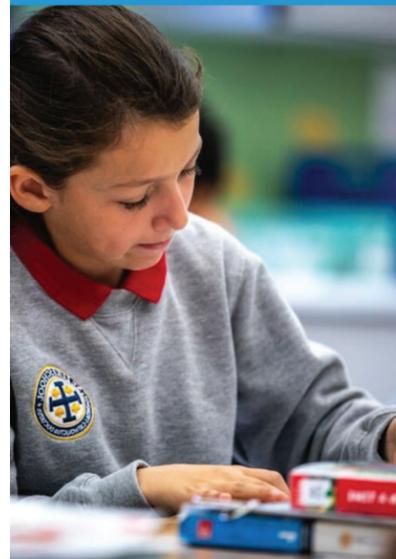
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