

Richmond Beach COMMUNITY NEWS

Four Time First Place Winner of Neighborhoods, USA (NUSA) Neighborhood Newsletter Award

JANUARY 2024

Miyawaki urban forest planted at the Shoreline Historical Museum

By Lewis Brown

In an historic event, over 300 community members participated in the foundational planting day of the first Shoreline Miyawaki urban forest on December 9.

The groundbreaking ecological project was part of the Shoreline Historical Museum's expansion, transforming a plot of land at 18501 Linden Avenue N. The project planted 40 native species, using 1,200 trees densely embedded in enriched soil. The innovative approach creates a forest which will grow 10 times faster and 30 times denser than a traditional planted forest. In three years, the miniature forest will be self-sustaining, not needing watering or weeding.

The dedication ceremony included greetings and recognitions by the Shoreline Historical Museum Board President, Andrew Thurman, M.D., and the Executive Director, Kenneth Douth. The blessings and pronouncements by native leaders included Edie Loyer Nelson, a Shoreline Historical Museum Board



FIRST TREE PLANTING: KEN WORKMAN AND ETHAN BRYSON

Member and Duwamish Elder; Ken Workman of the Duwamish people and a great-great-great-nephew of Princess Angeline and great-great-great-grandson of Chief Si'ahl (for whom Seattle is named) and Mary Lee Jones of the Yakama Indian Nation. They shared the vision for the respect and care of the land and explained we are all part of the trees as we restore the habitat and plant in the soil.

The soil and structured walkways were prepared by Ethan Bryson, a local leader in repurposing barren urban landscapes for the benefit of the surrounding community, wildlife and environment. His company website explains the process at naturalurbanforests.com. He proclaimed all the participants "rewilders," explaining the project

will bring this patch of land back to a wild and wonderful state.

The Miyawaki forest will serve as a walkthrough exhibition area as part of the Shoreline Historical Society's ongoing preservation of the rich history of the region. Our own nearby urban forest will bring the wild to you with informational exhibits and a kid-friendly teaching format. We have participated in reclaiming and reimagining this public space; and as a community, we will get to nurture and enjoy it.

More about the Miyawaki method

The ecological value of planting a huge variety of native trees close together means an increase in biodiversity. The denseness of growth provides a greater amount of forage for pollinators and refuge for birds. Increased canopy cover reduces the amount of rainfall that

See Miyakami urban forest, page 4

Fun times with bowling leagues at Spin Alley



EDDIE WALKINGTON UNCORKS A SHOT DURING LEAGUE PLAY AT MONDAY MADNESS AT THE SPIN ALLEY BOWLING CENTER.

- PHOTO BY BILL CHRISTIANSON

By Bill Christianson

Packed with cheerful people, Monday nights at Spin Alley Bowling Center can't be beat, according to Richmond Beach resident Kathy Bourgette.

It's the people who make Monday Madness the most popular bowling league in the area, she said.

"Because we are fun," said Bourgette. "We look forward to this every Monday. It's just a lot of fun, and the people are great."

Bourgette is the president of Monday Madness, the laid-back, but competitive, bowling league offered by Spin Alley Bowling Center in Richmond Beach.

See Bowling leagues, page 7

January 27 is National Chocolate Cake Day



See Richmond Beach Cooks!, page 8

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Community Tree Lighting



THE 2023 TREE LIGHTING EVENT SPONSORED BY JILL LANGER WAS HELD AT THE RICHMOND BEACH CONGREGATIONAL CHURCH ON DECEMBER 2

See Tree lighting photos, page 5

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Being well

Giving is good for your health

By Carol Frieberg

With the giving season upon us, it’s good to know that generous acts are actually good for us. Whether donating to a charity, volunteering in our community or simply giving gifts to those we love, selfless acts can increase our chances of becoming healthier. Below are some examples of how giving can be good, not only for our soul, but for our physical health as well.

Giving increases your happy factor

Studies show that people who give tend to have lower rates of depression and higher rates of self-reported happiness. “People are more likely to feel what’s sometimes called a ‘helper’s high’ when they contribute to the lives of people around them,” explains Stephen Post, who co-authored the book *Why Good Things Happen to Good People*. For example, he describes one study from Harvard, in which people suffering from multiple sclerosis were trained to make compassionate phone calls to other people suffering from the disease. After six weeks, the callers showed significantly lower depression rates.

Giving is good for the heart

A review done by the Corporation for National and Community Service (CNCS) found that states with the highest rates of volunteerism also had the lowest rates of heart disease. On the other hand, states with fewer volunteers reported more people with heart problems. “Greater volunteerism was strongly correlated with lower levels of heart disease,” Post says of this study.

Giving can help with recovery from addiction

“Giving is really important to the recovery process,” says Post. He cites Alcoholics Anonymous as an example of how giving can help people overcome addictive behavior. “People who fulfill the twelfth step of the program, which is to help other people with alcoholism, have almost twice the rate of recovery success after a year, as those who don’t complete the twelfth step.”

Giving makes you feel great—no matter what you give

People who have an emotional attachment to the person receiving their gift tend to experience the greatest health benefits.

However, any kind of giving can boost your wellbeing. “Whether people are engaged formally in volunteer activities or report high levels of giving in their personal relationships, there seems to be an increase of wellbeing in their life,” Post remarks.

To give is to receive

Studies prove that even writing a check can cause our body to react in a positive way. One study, conducted by researchers at the National Institutes of Health in the U.S., monitored their subjects’ brain functions using MRIs. They found that the people who anonymously gave donations of money to charities of their choice, had feel-good reactions in their brains, similar to the ones people experience when they receive monetary rewards. Now that just might be a gift worth giving.

This article was adopted from an article by Jennifer Goldberg (*besthealthmag.ca*).

Winter Poems

By Lewis Brown

WINTER FLURRY

And suddenly the rain is snow,
Early morning flurries
Dusting the walks,
Powdering the cars,
Appearing and dancing
From bright gray skies.

The morning breeze
Puts cold hands on my cheeks
And down my collar;
I grin at the cold.
I move my bundled body;
Into the frigid car seat.

Yes, the air is all in a flurry,
But the humans all
Move slowly, and shiver.

MOON IN THE MORNING

With a cold clear dawn
I found a full Moon
Resting on a powerline
Like a fat bird,
Pale in the rising Sun,
A fantastic creature
Flaked with frost,
Fluffing feathers to keep warm.



-PHOTO BY DWS SCHIMIDT ON PIXABAY

RICHMOND BEACH COMMUNITY ASSOCIATION

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The mission of the Richmond Beach Community Association Board is to promote the well-being of the Richmond Beach community.

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Richmond Beach Community News volunteer staff is listed in the newspaper masthead on the next page



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You can help build community together by joining the Richmond Beach Community Association today! Support community events, neighborhood enhancements, communication and fun!



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The RBCN welcomes submissions including articles, letters to the editor and kudos. Submissions must be relevant to our community, copyright-free and submitted by the 13th of the month prior to publication. Electronic submissions are preferred.

For verification purposes only, submissions must include name, address, email address and phone number. Submissions are subject to editing.

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Anina’s Corner

Richmond Beach Library memories

By Anina Coder Sill

In the summer of 1973, I was hired by June Pattenau as a page at the Richmond Beach Library, two houses away from my folk’s house, where I shelved books, cleaned the pet mouse’s cage and showed 16mm films on Saturdays. 2023 marked my 50th anniversary with the King County Library System. I’ve worked at the Lake Forest Park Library for the past several years, and at Shoreline Library before that, and still enjoy my work very much.

Some of my favorite years at Richmond Beach Library were as the Manager/Children’s Librarian: storytimes at the library, park and beach, movies and parades in the park, pet shows, animal programs (llamas, birds, potbellied pigs, insects, reptiles) tea parties, pumpkin carving and read aloud programs featuring neighborhood children and adults.

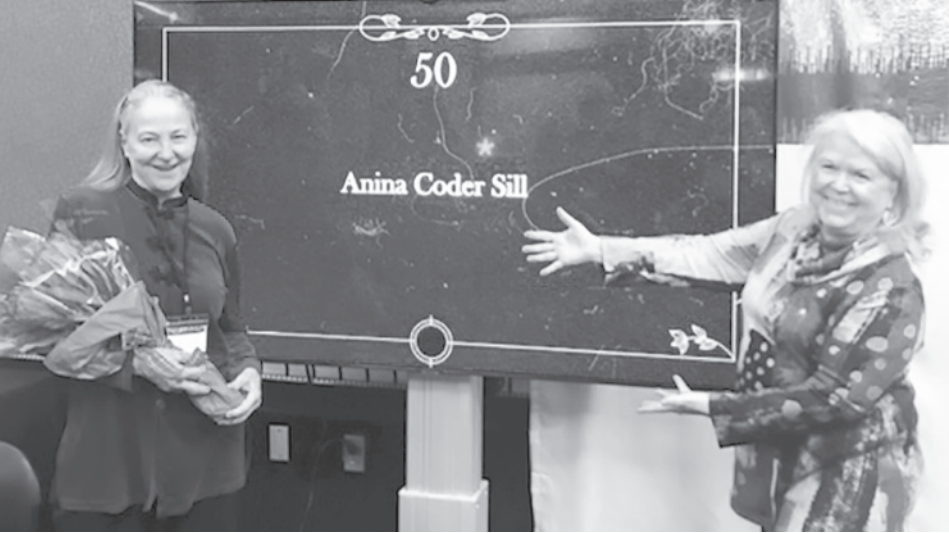
I was honored to visit my own children’s classrooms to share books for the annual Summer Reading Program and to live and work at one of the most crowded, busiest and oldest libraries in the state.

The book brigade June 2001 was the most entertaining event; the community passed the children’s book collection from the old library at 2402 NW 195th Place to the new library at 19601 21st Avenue NW. It was a grand way to celebrate the opening of our new building on the site of the former Richmond Beach School.

The real value of my work has been you—the people. I had the opportunity to watch our staff and community grow; and as they grew older, somehow . . . so did I. It has been a joy to match people with the answer to a question, to generate more questions and to share a book that fills a need for entertainment or education.

One of my friends/former colleagues said she wants

her gravestone to read “forever curious.” I like that also—because I am eternally curious about the world, and because I’m a bit of a curiosity. I hope to see you soon, whether around Richmond Beach or in our larger community!



TOP TO BOTTOM - BOOK PASSING FROM THE OLD LIBRARY ON 2402 NW 195TH PLACE TO THE NEW LIBRARY AT 19601 21ST AVENUE NW (2001); OLD LIBRARY (1982); STORY TIME WITH ANINA (1995); BOTTOM PHOTO - ANINA AT HER 50TH ANNIVERSARY CELEBRATION WITH CAROL ZE-MANEK

- ALL PHOTOS COURTESY ANINA CODER SILL

Baking the world a better place



By Cathy Martin

Are you looking to up your volunteer game in the new year? Want to help those who are experiencing food insecurity? Join a merry band of bakers and other volunteers who form Community Loaves (pun intended), a local nonprofit that brings home baked goodness to local foodbanks.

Back at the start of Covid, a group of neighborhood Kirkland bakers joined forces to bring fresh baked bread loaves to their local food bank. What started with 19 loaves and one food bank, has grown to nearly 132,000 loaves, over 68,000 energy cookies, 60 neighborhood hubs, and 42 food banks in Washington, Oregon, Idaho and California. That’s a lot of doughnations!

The volunteer bakers use well tested recipes and locally sourced, high protein flours to produce delicious and nutritious sandwich loaves and energy cookies. Bakers drop off their donations twice a month at a neighborhood hub (the Shoreline hub is located in Richmond Beach, near the Saltwater Park). These delicious doughnations are then taken to a local food bank. Our neighborhood donations go to Shoreline Hopelink.

If you are interested in joining in, there are information sessions scheduled regularly and lots of support, whether it is online videos, Zoom debrief sessions and even hands on baking. Whether you are an experienced baker, a total novice or a non-baker who just wants to support the cause by helping to pack flour or driving supplies to hubs, come join in on the flour fun!

For more information, go to **communityloaves.org**. We are breaders together!

Community profiles

By Betty Ngan

RBCN looks forward to the return of Joanna Stone, one of our volunteer writers, who contributed community profiles.

There are many notable people who live in Richmond Beach who have great stories to tell. If you know someone who you think should be the subject of a profile, please drop us a line at **editor@richmondbeachwa.org**.

From Miyakami urban forest, page 1



TRIBAL SPEAKERS CAME TO THE PLANTING INCLUDING EDIE LOYER NELSON AND KEN WORKMAN

-PHOTO BY DEAN FORBES



NEBEELA RAZA PLANTING A SNOWBERRY IN REMEMERANCE OF HER PARENTS

-PHOTO BY SALLY YAMASAKI

hits the ground, increases shade and promotes cooling. More canopy cover shades out weeds and creates a cool home for insects, plus the increased leaf litter builds fertility and life in the soil.

Miyawaki forests do not require a huge amount of space; you can plant them almost anywhere in sites as small as a space 10’ by 10’. Even at this size, they fast become a habitat for countless species and offer multiple ecosystem services all at once. These pocket forests are perfect for the fast regeneration of urban areas. They also increase carbon capture, pollution filtration and produce an area more resilient to flooding and landslides.

This revolutionary ecological approach to reclaim urban land and restore native habitats was pioneered by Akira Miyawaki (1928-2021). He was a Japanese botanist and an expert in plant ecology who specialized in seeds and natural forests. He was active worldwide as a specialist in natural vegetation restoration of degraded land. His method of ecological engineering is used to restore native forests from seeds of native trees on very degraded soils that were deforested and without humus.

Using his approach, protective forests have been restored in over 1,300 sites in Japan and various tropical countries, in particular in the Pacific region in the form of shelterbelts, woodlands and woodlots, including urban, port and industrial areas.

Miyawaki demonstrated that rapid restoration of forest cover and soil was possible by using a selection of pioneer and secondary indigenous species that were densely planted and provided with restored soil. He received the Blue Planet Prize in 2006.

One of the major sponsors, SUGi, has been supporting restorative projects across the globe. Their website explains the basics of the Miyawaki method: sugiproject.com/blog/the-miyawaki-method-for-creating-forests.

Contact the Shoreline Historical Museum if you would like to participate in care of the newly planted forest: shorelinehistoricalmuseum.org/exhibits-to-see/miyawaki-forest/volunteer.

See Miyakami urban forest volunteers, page 7





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Families and friends join the Turkey Day Fun Run



ABOVE THE RUN BEGINS; MANY TURKEY COSTUMES SHOWED UP AT THE 2023 FUN RUN ON THANKSGIVING DAY
- ALL FUN RUN PHOTOS BY BOB FORDICE



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FromTree lighting, page 1



KIDS VISITED WITH SANTA AT THE TREE LIGHTING



LEFT: TREE LIGHTING EVENT SPONSOR, JILL LANGER
RIGHT: MIMI HUDSON OF RICHMOND BEACH CONGREGATIONAL CHURCH

TREE LIGHTING PHOTOS IN THIS ISSUE BY
ZACK HOLLIDAY, AMY HOLLIDAY, ALLISON
TAYLOR, SHERRY EDWARDS, JILL LANGER
AND KRISTIN MATTISON,



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Inflation is subsiding and interest rate reductions have finally begun. This is expected to continue throughout 2024. Prices will remain where they are and perhaps increase as interest rates fall.

The overall number of homes for sale remains at a historic low. Many “would be sellers” find themselves leasing their homes instead of selling since most have interest rates between 2.5% and 4.5%. New construction housing is also at a historic low.

The combination of these factors is what keeps housing prices. Ask me or your lender about a 2/1 loan buydown or seller credits towards lending. These are helpful strategies for buyer’s payments during the first two years. The plan is to refinance once interest rates further decline as expected in 12 to 18 months.

Overall, I expect 2024 to be a really good year for real estate!

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Board Busy-ness

By Allison Taylor

Far from hibernating, your RBCA board has been busy coordinating community events and planning for 2024! Fall was full of activity, with Oktoberfest, the Halloween Carnival, the Turkey Day Fun Run and Tree Lighting all happening in three months. The Richmond Beach Community Association is the most active neighborhood association in Shoreline, and, we as a board, want to continue to impress upon our community the importance of active participation to help us pull off these fantastic events.

As a working board *of volunteers*, you are getting your money’s worth! I think it is important that everyone is aware of the commitment we have made to make life in Richmond Beach spectacular. If you’ve attended an event, you have probably met us—we are there doing whatever is needed to make the connections happen!

President Lewis is guiding our board level conversations and actions, while also taking care of regular tasks like checking the post office box and responding to community comments, evaluating our process, and is willing to do “all other duties as assigned.” If you’ve

attended an event, you’ve probably met Lewis.

Allison (me, Vice President) is enjoying a year of transition away from newspaper responsibilities. I am focusing on cleaning up our documentation and records so future event managers have easy access to “what works” for our celebrations; and, of course, I love running the Carnival with our longstanding volunteers.

Treasurer Adam manages our finances, helps with legal interpretations, keeps the Square devices ready and is a big part of Oktoberfest—all while getting ready to welcome a new addition to his family in January. He’s a busy guy!

Secretary Mitch keeps us focused—he records all the board meeting actions and reminds us what we members committed to doing. Mitch also helped repair our sign at the top of the hill and is an easy “yes” to anything extra asked of him.

Chris Y. has taken over newspaper content management and is the board coordinator for Strawberry Festival and summer Beach Blanket Bingo—we’re trying hard not to burn him out.

Zack ran the Tree Lighting for the first time this year—amazing! He also coordinates our gear orders and sales and does graphic design for us, free of charge, when needed.

Patrick is the man behind the Turkey Day Fun Run, and is a major contributor to Oktoberfest—all the while continually pushing out e-blasts and website updates. He is a powerhouse!

Chris D. is a regular voice of reason in our board meetings, giving perspective to whatever we are planning. He’s the “father” of Oktoberfest, one of our newest celebrations—he makes it seem easy, all while wearing lederhosen.

Doris brings an amazing perspective to the board, as the longest resident member. She’s been an enthusiastic contributor to our efforts and anticipates more time available to focus her work close to “home” in 2024. Shhh. . .we’re hoping to tap into her incredible sponsor/raffle skills (no pressure, Doris!).

The January board retreat will allow us the opportunity to plan for 2024. Recent years have seen huge changes in volunteer participation. As a board, we need to be prepared to manage expectations with output. We truly cannot put on 8+ events a year without more help, and we are determined to identify ways to tap into the expertise of those who live here.

Step One is reinstituting regular community meetings, which were put on pause during the

pandemic. Watch for more details on these gatherings—they will be a great opportunity for you to give feedback on your priorities and to help drive future activities. Ready to share a perspective? Email **board@richmondbeachwa.org**.

Kudos

By Zack Holliday

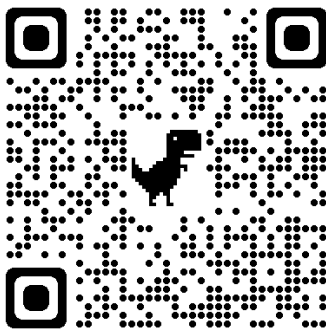
Kudos to the community support for the Tree Lighting event. So many people contributed to the success of this year’s event starting with **Cindy Murphy** for inviting Santa and **Swanee Cassner** for helping Santa arrive in style! A big thank you to **Sherry Edwards** for organizing refreshments and making sure everyone had hot chocolate and cookies. Thanks to **Brian Osborn** for helping with RB gear sales and announcements. A huge shoutout to board members **Chris Youngs, Allison Taylor, Doris McConnell and Lewis Brown** for hanging all lights and ornaments.

So much thanks to **Mimi Hudson** from the Richmond Beach Congregational Church for helping with the location.

And finally, a massive thank you to **Jill Langer** for her generosity in sponsoring this year’s Tree Lighting event. We are already looking forward to next year!

Also, special thanks to Turkey Day Fun Run traffic flaggers **Heinz Streng, Kathryn Zufall, Guy Alloway and Tom Mailhot**. Way to keep your community safe while working off our Thanksgiving Day feasting in advance!

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From Bowling leagues, page 5

“It’s a lot of neighborhood people,” said Bourgette, whose husband, son and sister also bowl in Monday Madness. “There are a lot of family members. It gets competitive with friends and family.”

Eddie Walkington, who is considered one of the best bowlers in the Monday night league, said he looks forward to it each week.

“I like the people,” said Walkington, who bowled a 299 earlier this year and carded the elusive 300 game last year. “Everyone is so easy going. I’ve bowled in other leagues and it’s not as friendly. This is a fun place to bowl.”

Monday Madness started out with just six three-person teams but has grown to fill all 16 lanes at the bowling alley because of its popularity and recent mechanical upgrades.

Leagues for all ages, skills

Currently, the Richmond Beach bowling alley offers six weekly leagues for all ages and skills.

Thursday Knights is a United States Bowling Congress (USBC)-sanctioned league and much more serious and stressful than Monday Madness, according to Spin Alley owner Joe Montero. Spin Alley also offers two senior citizen leagues, a women’s-only program and a league for community members with special needs.

Monday Madness usually fills up quickly because of its popularity. There are still spots available in the Thursday Knights, Women’s Independent and senior citizen leagues, according to Spin Alley Manager, Rose Werelus.

There is room for growth in Spin Alley’s senior leagues, according to bowling alley brass.

Montero said he is hoping to get more interest in the Good Times Bowlers on Tuesdays and the Thursday Seniors, the two senior citizen leagues.

Spin Alley is working to partner with the Shoreline Lake Forest Park Senior Center and others in the area to increase the senior citizen bowling base, Werelus said.

Fun and exercise

There are several longtime bowlers participating in the Spin Alley leagues—several of whom bowled when it was called Arden Lanes in the 1970s.

One of those Arden Lanes bowlers is Jim Henderson, who bowls in the Thursday Seniors league. He said he has been bowling for “close to 80 years.” He joked that his trophy days are in the rearview mirror.

“It’s for socializing,” Henderson said of the Thursday Seniors league. “It’s just for having fun and bowling.”

Mike Aiello, who has bowled at Spin Alley for the last 13 years, said he uses the league as a form of exercise.

“I don’t work out like I used to,” he said. “It’s something to look forward to and get out of the house.”

Edmonds resident Suzanne Cuff enjoys the mental aspect of the Thursday Seniors league.

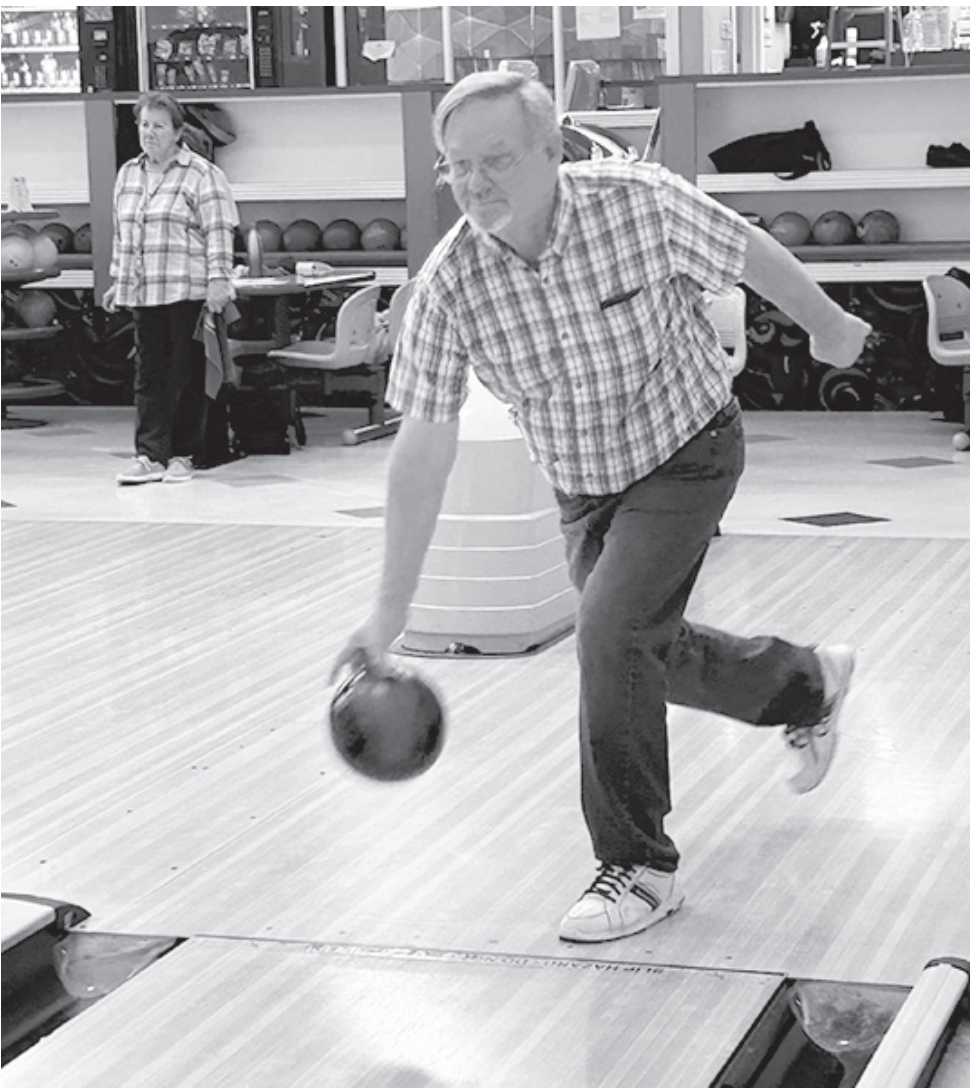
“You don’t think about anything else but those pins going down,” she said. “It’s good to come here and forget everything that is going on and just focus.”

Cuff met her teammate Shawn Rikansrud through a bowling league at Spin Alley and both women agreed besides mental and physical exercise, it’s about camaraderie and a little friendly competition.

Bottom line, all bowlers agreed that it’s about the people you shoot pins with.

“It gives me something to do and I get some good exercise,” Rikansrud said. “We keep coming back here because of the people.”

For more information, go to spinalleybowl.com.



STEVE NELSON IS A REGULAR AT THURSDAY SENIORS, ONE OF THE POPULAR LEAGUES OFFERED AT SPIN ALLEY BOWLING CENTER



SHAWN RIKANSRUND, WHO SAYS SHE ENJOYS COMING TO THE WEEKLY THURSDAY SENIORS BOWLING LEAGUE, FINE TUNES HER FOCUS

Miyakami urban forest volunteers



FROM LEFT TO RIGHT: FRONT, JUDY MOORE, SALLY YAMASAKI; BACK, KENNETH DOUTT, LEE KEIM, HEATHER MERCIER, ROSIE OCHS, ANGIE HURT, DIANE LOBAUGH, JEAN FARKAS, SARAH PHILLIPS

-PHOTO COURTESY SALLY YAMASAKI



SUZANNE CUFF SAID “THERE’S ALWAYS GOOD, FRIENDLY COMPETITION AT THE SENIOR BOWLING LEAGUES AT SPIN ALLEY.”

-ALL BOWLING PHOTOS BY BILL CHRISTIANSON

Richmond Beach Cooks!



CELEBRATE NATIONAL CHOCOLATE CAKE DAY WITH THIS CHOCOLATE CHESTNUT CAKE WITH WHIPPED CREAM TOPPING
- PHOTO BY SUZANNE MCMURRY

By Suzanne McMurry

National Chocolate Cake Day is January 27. I found this chocolate chestnut cake to be truly delicious and filling. The chocolate aroma and texture from the chopped chestnuts would make anyone gluten free, if only for dessert.

Here are some helpful tips for execution: Chestnut flour is hard to find; just buy pre-roasted and peeled chestnuts and grind them in a small food processor. I found mine at Town and Country Market. The chopped chestnuts give the illusion of chocolate chips in the cake and are a wonderful addition for texture. If you'd like a smoother cake, think flourless chocolate cake, then grind all the chestnuts (1/2 cup chopped/ or ground instead) to a flour-like consistency and add to the batter.

I found that spraying the pan with oil and placing a piece of parchment paper over the oiled surface worked well. I was able to slide the cake onto a serving platter without any problem. Remove the cake from the springform pan within 10 minutes after taking it out of the oven. If it's left in the pan, it can form to the parchment paper, making it not look as nice aesthetically.

You can serve it with whipped cream on the side with berries, omit the whip cream and leave it dairy free or top the entire cake with your whipped cream as in the picture above. Bon appetit!

Chocolate Chestnut Cake recipe

Recipe from Alice Medrich, adapted by David Tanis, and adapted by Suzanne McMurry

INGREDIENTS

- 4 ounces/115 grams chocolate (64 percent cacao or less)
- 4 ounces/113 grams unsalted butter
- 4 large eggs, separated
- ½ cup/100 grams sugar plus 2 tablespoons for topping

- ⅛ teaspoon salt
- ¼ teaspoon cream of tartar
- ½ cup/55 grams chestnut flour
- ½ cup/85 grams chopped cooked chestnuts (use canned or vacuum-packed)
- 1 cup heavy cream, for topping
- Chocolate curls or cocoa powder, for garnish

PREPARATION

Step 1
Heat oven to 375 degrees. Melt chocolate and butter in a bowl setover boiling water until chocolate is nearly completely melted, then remove from heat and whisk mixture until smooth.

Step 2
In a mixing bowl, whisk egg yolks with half the sugar (¼ cup/50grams) and the salt until pale and thick. Stir in the warm chocolate and set aside.

Step 3
Put egg whites in a clean bowl with cream of tartar and beat until fluffy, then add remaining ¼ cup/50 grams sugar and beat until whites are stiff but not dry.

Step 4
Stir chestnut flour and chopped chestnuts into the chocolate batter, then fold in ¼ of the whites to lighten mixture. Fold in remaining whites and scrape batter into an oiled 8-inch springform pan, lined with parchment paper. Smooth the top of the batter, if necessary.

Step 5
Bake for 25 to 30 minutes, until a toothpick inserted in the center of the cake comes out almost clean. Cool on a rack. It may sink and crack a bit on top — this is fine. Run a knife around the edge of cake to free sides

and remove from the pan within 10 minutes of taking it out of the oven. Transfer to a serving platter. (Cake may be stored, covered, at room temperature for up to 3 days.)

Step 6
To serve, whip cream with 2 tablespoons sugar to a very soft consistency. Spoon over top of cake and quickly spread with a spatula. Sprinkle with chocolate curls or cocoa powder.

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